



DISABILITY THRIVE INITIATIVE

Alternative Services and Supports for the IDD Community

ALTERNATIVE SERVICES & BEYOND: HOME AND COMMUNITY BASED SERVICES SETTINGS RULE

OCTOBER 13, 2021

WEBINAR INTRODUCTION



Barry Jardini

Executive Director

**California Disability
Services Association**





TODAY'S AGENDA



- Demystifying the Settings Rule
- Person-Centered Platform
- Individual Choice Defines Success
- Tips and Resources

DEMYSTIFYING THE SETTINGS RULE



Teré "Diva" Johnson

Director of Community
Development

—
**Tri-Counties
Regional Center**



**Tri-Counties
Regional Center**

PERSON-CENTERED PLATFORM



Jamie Markey

Director of Community
Development

Mains'l California LLC



Michael Pereira

Executive Director

Ala Costa Centers





THE JOINT PROVIDER HCBS FUNDING/ MAINS'L: PERSON-CENTERED PLATFORM

REGIONAL CENTER OF THE EAST BAY
PROVIDER COMMUNITY



ORIGIN

- In the fall of 2019, a group of service providers came together to discuss shared challenges for the IDD (Intellectual or Developmental Disabilities) community. They discussed:
 - the potential for making Person-Centeredness more common
 - the access issues related to the diversity of participants within the state, including their diversity as learners
- A proposal was submitted and awarded by DDS (Department of Developmental Services)

PARTNERS IN COLLABORATION

- Regional Centers- RCEB (Regional Center of the East Bay) and Far Northern Regional Center
- Service Provider Community in the East Bay
 - Ability Now Bay Area
 - Ala Costa Centers
 - California Autism Foundation
 - Futures Explored
 - Harambee Community Services
 - Las Trampas
 - Mains'l



Image by [mcmurryjulia](#) from [Pixabay](#)

EVOLVING

- The project has evolved over time through active discussion.
 - It now involves a web-based portal for making person-centered plans, so that participants govern their plans directly.
 - There is also an online toolbox with open-source resources.

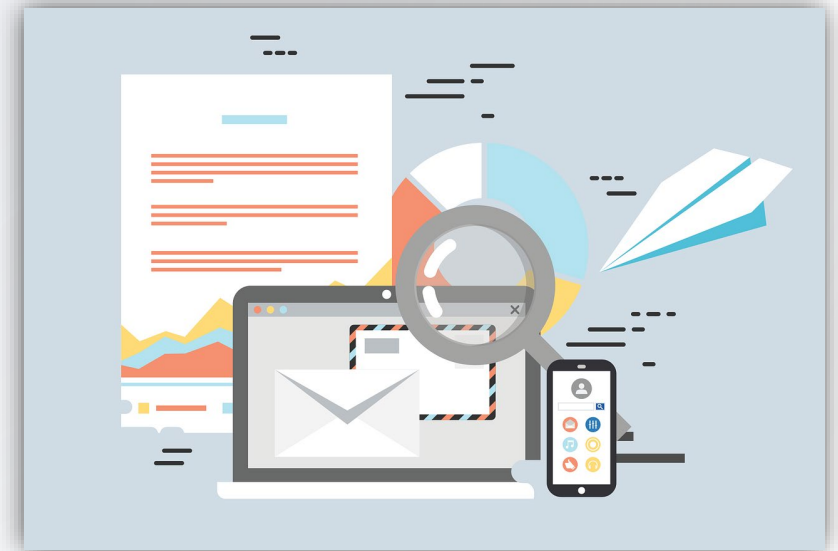


Image by [talha khalil](#) from [Pixabay](#)



CURRENT STATUS OF FUNDING

- Completed FIRST round of HCBS funding
 - Regional Center of the East Bay was first catchment area partner
- Awarded SECOND round of HCBS funding
 - Far Northern Regional Center is the current catchment area partner
- Searching for long-term sustainability and exposure to the IDD community at large



OVERALL PROGRESS OF THE SITE

- Domain name was acquired.
- Initial sandbox testing was completed with community partners testing and supplying feedback.
- Followed by end-user testing with select group of users who identify as IDD. Testing for tablet responsive has begun for end-users to test and provide feedback.
- The site is currently being updated and tested by the community partner organizations. It is NOT ready for public use at this time.

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GROWTH POTENTIAL

- The project could have significant, long-term implications for the IDD Community: certainly in California, and perhaps nationwide or further.
- The project could be an important tool for:
 - promoting the ideals of Person-Centeredness
 - assisting DDS with reforming its current practices

Image by [OpenClipart-Vectors](#) from [Pixabay](#)





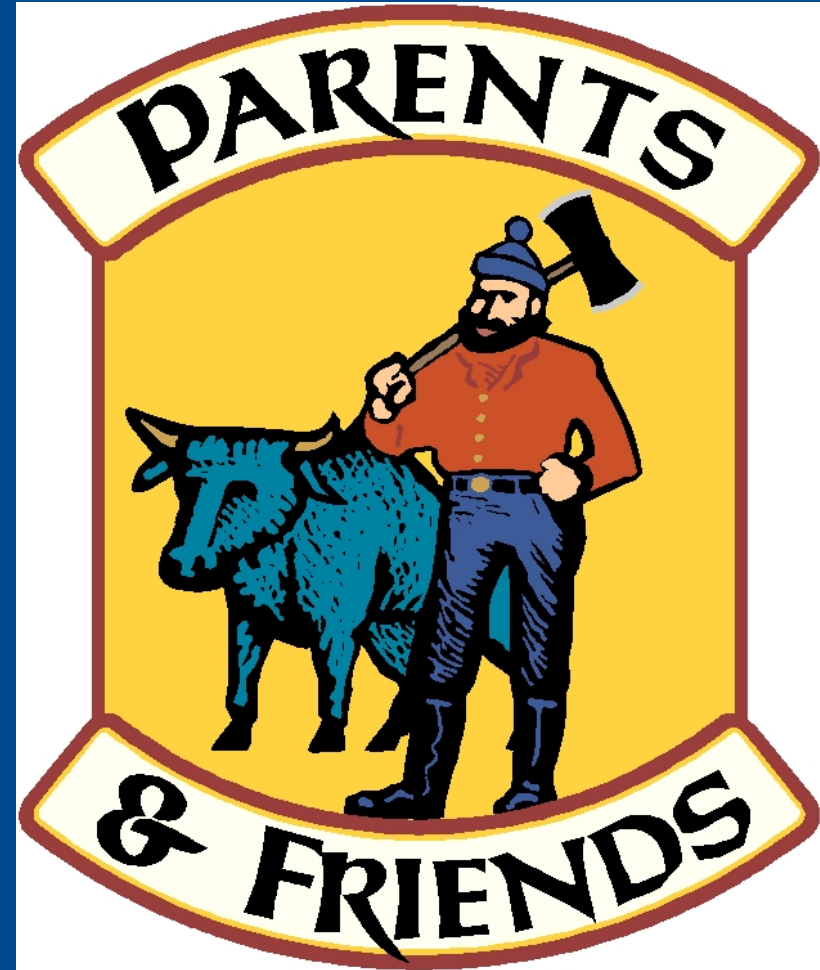
VISION FOR THE FUTURE AND FUTURE NEEDS

- To provide a LOW COST / FREE and USER/PARTICIPANT-focused resource to promote Person-Centered Practices and Plans
- To seek statewide vendorization from all regional centers
- To make Person-Centered approaches accessible to participants of multiple backgrounds, ethnicities, and languages, including ASL (American Sign Language).

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INDIVIDUAL CHOICE DEFINES SUCCESS

Parents and Friends, Inc.



MISSION STATEMENT



Parents and Friends, Inc.'s mission is to help people with developmental challenges or similar needs to participate fully in our community.



WHO WE ARE



- **Kristy Tanguay**, Chief Operating Officer
- **Xaviera Hall**, Program Director, Community Integration Services; Certified Person-Centered Thinking (PCT) Trainer, Customized Employment Specialist.
- **Roshan Ashford**, Program Coordinator, Person Centered Services; Certified PCT Trainer, Customized Employment Specialist.
- **Terilynn Epperson**, Program Manager, Alternative Services; Customized Employment Specialist.
- **Cody Hock**, who will share about his success with his employment goals.
- **Buddy Peterson**, who will share about his success with a modified goal.

HOME AND COMMUNITY-BASED SERVICES (HCBS) FINAL RULE



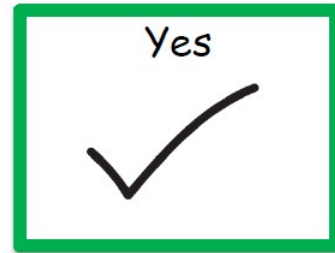
In 2018, with support from the Redwood Coast Regional Center, Parents and Friends, Inc. applied for HCBS funding. This funding was awarded to support three specific HCBS Federal Requirements:

- Requirement 1: Increase engagement in competitive integrated employment.
- Requirement 2: Increase individual discovery and job carving activities.
- Requirement 5: Increase an individual's ability to choose which staff they are matched with to provide their care and support.

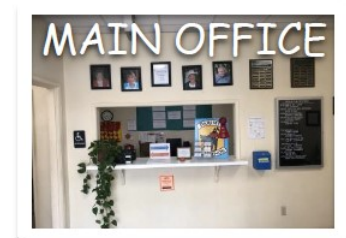
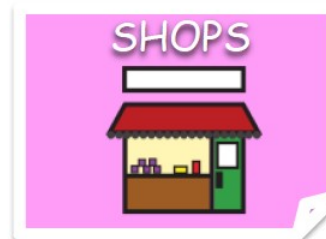
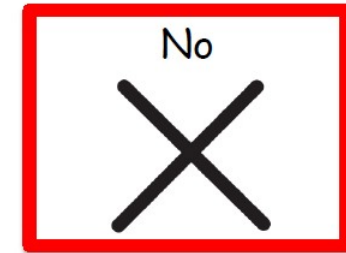
BEFORE THE HCBS FINAL RULE ACTIVITY



If individual choice is supported, why do many questions remain for some people?



Top page



COMMITMENT TO CHANGE



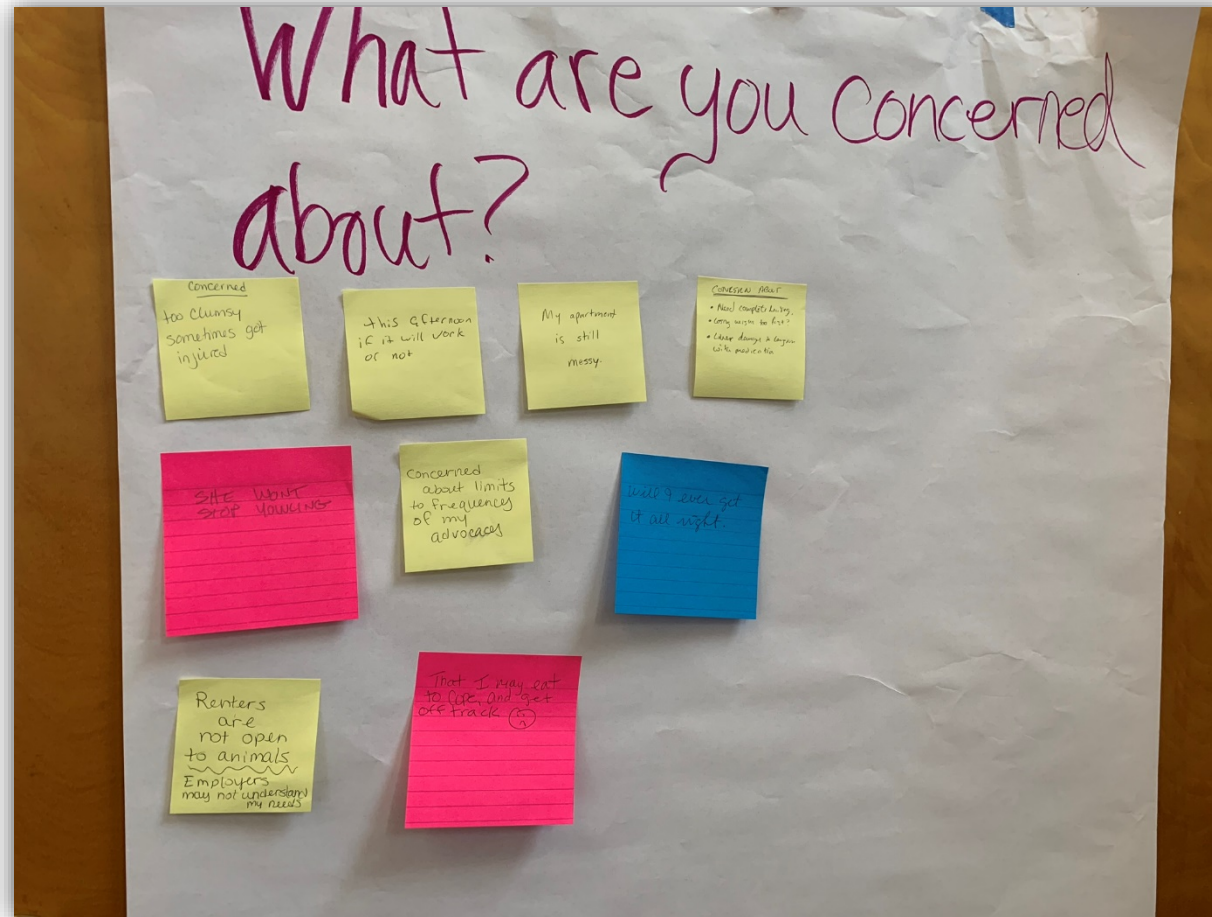
How should we facilitate increased individual control?

Who should drive this change in thinking?

WE ASKED OUR PARTICIPANTS



WHY PERSON-CENTERED SERVICES?



PEOPLE FROM PFI COMPLETED OUR PLANNED ACTIVITIES: PERSON-CENTERED THINKING:



PEOPLE FROM PFI COMPLETED OUR PLANNED ACTIVITIES: EMPLOYMENT



**Do You Want To Get A Job?
Do You Want To Work?**

Join the JOB CLUB!

The JOB CLUB is for any person participating in a Day Program
who wants to learn about working in our community!

- ☒ Prepare for work
- ☒ Learn some skills necessary to be successful in a job
- ☒ Learn how to get a job you want and how to keep it!

Mondays and Wednesdays from 12:00pm to 1:30pm
OR
Tuesdays and Thursdays from 12:00pm to 1:30pm

Parents & Friends, 306 E. Redwood Avenue Conference Room

**Come Join Us, Have Fun,
Learn about JOBS!**



Sign Up with your Day Program Manager
or Contact Prisha Worthen, Employment Specialist, 707-357-4951

- Develop an **Employment Database**
- Develop **The Job Club**

EMPLOYMENT SUCCESS: MEET CODY



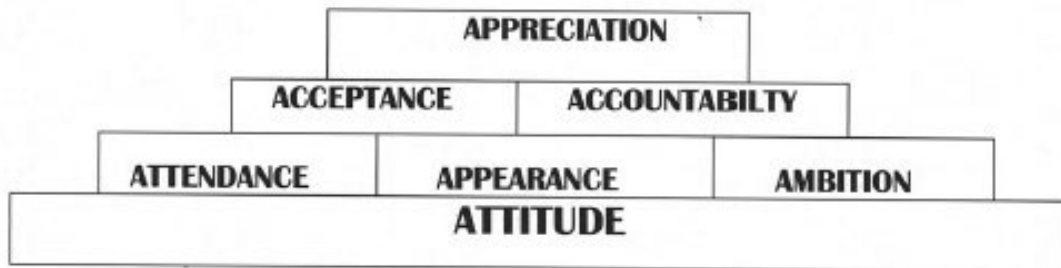
SELL YOUR SIZZLE

SNAP SHOT #2



CODY HOCK

MY "A-GAME" COMMITMENT



Parents and Friends, Inc. shared a photo.

Published by Kristy Pfi [?] · 2 mins · 🌐

Way to go, Cody! Your A-GAME is shining brightly!
Your friends at The Job Connection and Parents and Friends, Inc. are very proud of your hard work and accomplishment!

*Employee of the
Quarter*



Cody Hock

MAKING IT SUSTAINABLE, EMPLOYMENT:



- In 2019 PFI applied for and received HCBS funding to increase employment opportunities through Customized Employment.
- Our partners at Griffin-Hammis and Associates are imparting the skills needed to find what's inside of people:
How to discover the inner genius within each of us.



Image by [Gerd Altmann](#) from [Pixabay](#)

MAKING IT SUSTAINABLE, PERSON-CENTERED THINKING (PCT)



- PFI has two certified Person-Centered Thinking trainers on staff who provide PCT Training to all of its employees and participants.
- **A new service now makes the service available to all Redwood Coast Regional Center participants.**

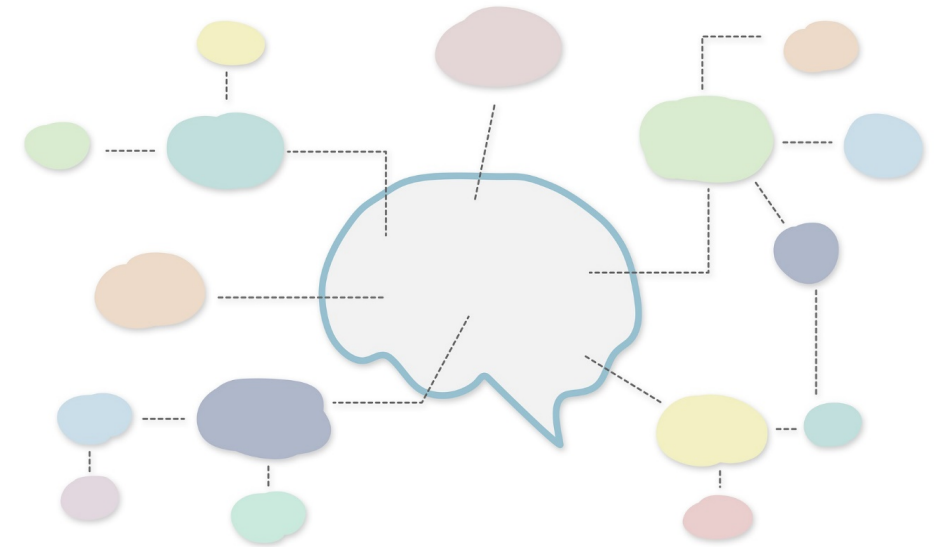


Image by [Biljana Jovanovic](#) from [Pixabay](#)

PERSON-CENTERED SERVICES: TOOLS – DISCOVERY AND DOCUMENTATION



- **Participant Focus Workshops** facilitate individual discovery in order to develop person-centered plans.
- **Person Centered Plans** can have many inputs and outputs.

These outputs drive planning processes such as Individual Program Authorization(s), Individual Service Plans (ISP), and Individual Program Plans (IPP).

THE NEED FOR DISCOVERY/ASSESSMENT



- Initial intake
- New program or change in services
- Change in living arrangements
- Relationships
- **Any new, desired, or anticipated change in routines or circumstances.**
- Employment
- Community participation
- Medical
- Legal



HOW DOES IT HAPPEN?



A referral to Parents and Friends for Person-Centered Services involving a program referral or event, depending on the individual's needs.

- PFI typically provides services over a period of time.
- Client Focus Workshops
 - Occur in a series
 - Driven by the individual
 - Includes chosen supporters across environments
- Process is supported by PFI facilitator



Image by [Harish Sharma](#) from [Pixabay](#)

ALTERNATIVE SERVICE



Through Alternative Services, the possibilities are wide open. PFI meets an individual and their circle of support wherever they are in order to:

- engage in the discovery process
- create plans
- take action
- make progress on individual goals



Image by [Clker-Free-Vector-Images](#) from [Pixabay](#)

SUCCESS THROUGH CHANGE: MEET BUDDY



WHAT'S UP?



An employee newsletter of Parents and Friends

February 2020

Save The Date for Saturday October 3rd for PFI's Beer, Bison, and Bluegrass fundraiser! Sandy Bradford is taking on the role of event coordinator for this year's BBB event, if you'd like to volunteer, [email Sandy](#) to sign up! A reminder that your company email is to be used for company business only. External emails are quarantined (not delivered to you) and eventually deleted. If you need help, [Email Rahsaan](#) to schedule an appointment. Thank you to Printha Worthen, who has returned to The Job Connection as the interim program manager until a new manager is hired. A reminder that all client information is confidential, including contact information and the fact that they are a client. If someone says, "Oh, but I lost their number." That's not enough unless you have a specific Release of Information. Your manager can help you in these circumstances. **Newsflash:** A generator is coming to Chestnut Street! That's right, PFI is installing an auto-on generator to fully power The Community Connection in the event of a power outage, allowing for seamless services to the people we serve. Thank you to Rodrigo Perez and Sandy Bradford who recently represented PFI at an [Ability Central](#) grantee gathering in Oakland, where they were able to talk about their Visual Connections tool and Artist Stability Board tool they developed, along with Tommy Webb, through their certification as Adaptive Technologists. These communication and environmental access tools will become available for rollout to PFI program participants who would like to implement them as part of their plan. Live demonstrations of these tools are coming soon! This is an exciting time at PFI as we're continuing to grow. We now have debit card readers at The Paul Bunyan Thrift Store and Furniture Annex to make your shopping easier. Be sure to claim your 10% employee discount at the thrift store, just present your company badge at the register! For more information about employee discounts on things like AmeriGas propane, US Cellular, and more, see Roshan in HR. She can also help you to take advantage of additional discounts offered through [LifeMart](#)!

Buddy Asks

PFI employee Buddy Peterson interviewed Michael Berry to learn more about him:

How long have you been with PFI? I've been with Parents and Friends for 20 years. I work in the Life On The Coast (L.I.F.E.) program. I also work some shifts for SLS, and when I am teaching Pro-Act training, I am working for the Administration department, which serves everyone.

What are your job responsibilities? I do what is called Direct Service, I am a DSP. I try to help people identify what is important to them and for them in their life, what they would like to do, and how to achieve the goals they set. I find ways to help people reach their goals, and to be a good friend to others.

What do you like most about working here? The people. It's all about the people and how we help each other, and how we are connected to each other and to our community.

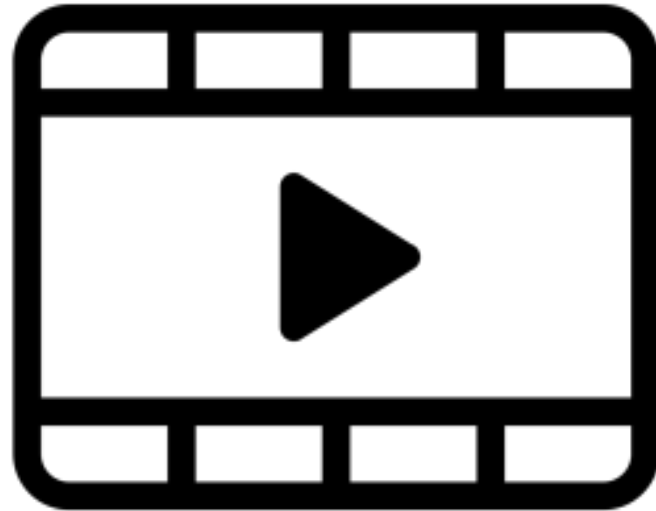
What is something about yourself that others might not know? I have a huge vinyl record album collection from the 50s, 60s, and 70s. I am a grandpa, and I am a dad to 2 dogs and 2 grown men! I don't watch TV but I love to learn about things on YouTube. The first time I met Buddy, he was running for Mayor of Fort Bragg; he was wearing a vest while campaigning: shaking hands, kissing babies, and going doorto door. We go way back together!



Mike Berry has been with PFI for 20 years. He is with the L.I.F.E. program and is also one of PFI's certified Pro-Act trainers. He also fills in for SLS!



THE COLUMN LIVES ON IN A NEW MEDIUM



QUESTIONS?



Through discovery, we can find new ways to ask and adapt.



Image by [Clker-Free-Vector-Images](#) from [Pixabay](#)

HCBS SETTINGS RULE: TIPS AND RESOURCES



Susan Crow
Chief,
HCBS Regulations



WHAT'S NEXT? (1 OF 2)



HCBS Compliance Funding

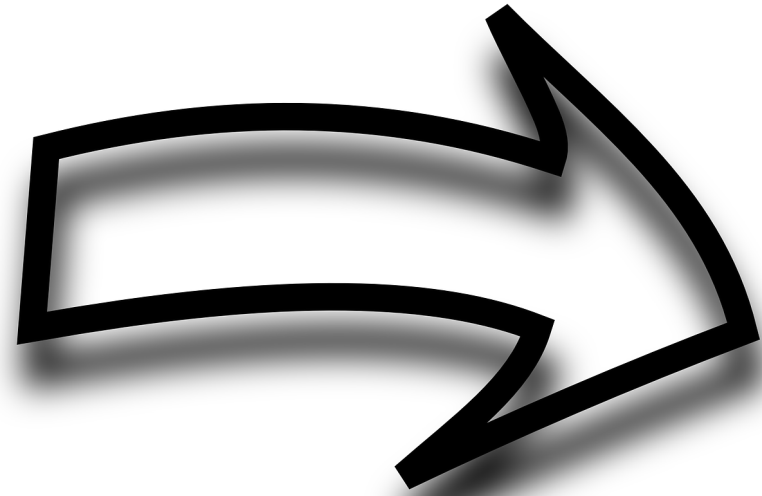
- The 2021 state budget contains \$15 million for providers to make necessary changes and align their services with HCBS rules by March 2023.
- Service providers can apply for funding through their regional center.
 - Applications are due November 10, 2021.

WHAT'S NEXT? (2 OF 2)



Provider Assessment

- Provider Self-Assessment
- Virtual Site Assessment



Provider Transition Plans

- Providers will soon create a transition plan based on their assessment report. More information will be provided soon.

Image by [Cler-Free-Vector-Images](#) from [Pixabay](#)



DDS RESOURCES (1 OF 2)



Home and Community-Based Services (HCBS) Final Rule Webpage

- Learn more about the HCBS Final Rule, view previous trainings, and access the Statewide Transition Plan here:
- <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/>

Frequently Asked Questions

- <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/faq-hcbs-rules/>

The Department welcomes comments or questions to:
HCBSregs@dds.ca.gov



DDS RESOURCES (2 OF 2)



Person-Centered Practices Webinar Series

- The Department partnered with Support Development Associates to conduct a series of trainings on Person-Centered Thinking and Practices, through the lens of the HCBS Final Rule. You can find the recordings here:
- <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/training-information/>

HCBS Compliance Funding

- Service providers can apply for funding through their regional center. Applications are due November 10, 2021. You can find more information on this website:
- <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/hcbs-compliance-funding/>

ADDITIONAL RESOURCES



[ASAN \(Autistic Self Advocacy Network\) - This Rule Rules!: The HCBS Settings Rule and You](#)

- HCBS Settings Rule Plain Language Toolkit
- <https://autisticadvocacy.org/policy/toolkits/hcbsrule/>

[Tri-Counties Regional Center – Living Well in My Community: A Guide to Home and Community Based Service Standards and Person-Centered Practices](#)

- This guide was created to help people with disabilities and service providers better understand the rights and roles for living well in the community.
- <https://www.tri-counties.org/living-well-in-my-community/>

DISABILITY THRIVE INITIATIVE RESOURCES



Lunch and Learn

- Continue this conversation in a live, interactive session!
 - Friday, October 15th
 - 12:00 noon – 1:00 pm
 - Register now:

LunchAndLearn.DisabilityThriveInitiative.org

MORE DISABILITY THRIVE INITIATIVE RESOURCES



Resource Library

Access the Resource Library
and keep up with us:

DisabilityThriveInitiative.org

Email Updates

Sign up for email updates
about the latest:

SignUp.DisabilityThriveInitiative.org

DISABILITY SERVICES SUPPORT CENTER



- Free one-on-one or group assistance with accessing or delivering alternative services
- The Initiative provides direct support or makes the connection with a consultant who can help

Support.DisabilityThriveInitiative.org



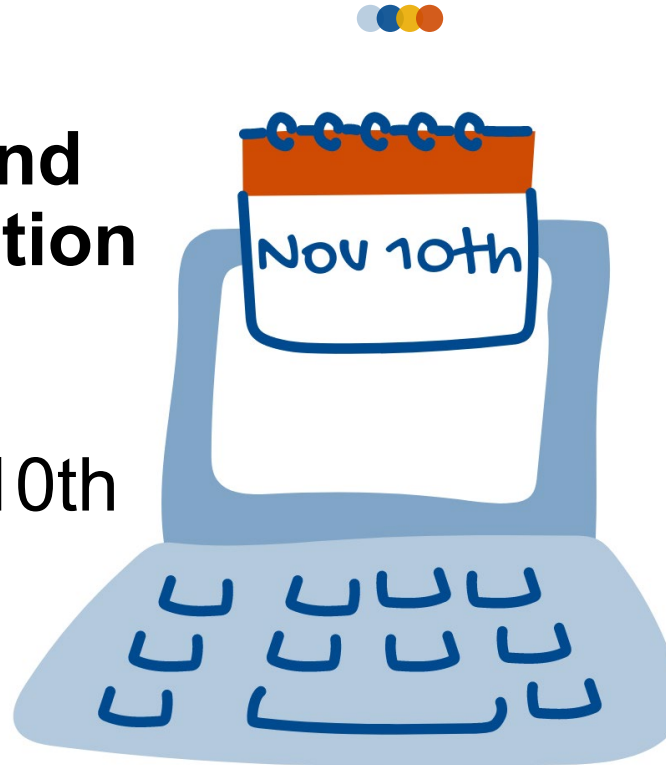
JOIN US FOR OUR NEXT WEBINAR

Alternative Services and Beyond: Self Determination Program

Wednesday, November 10th

3:00 – 4:15 pm

Webinar.DisabilityThriveInitiative.org



Servicios alternativos y más allá: programa de autodeterminación

miércoles, 10 de noviembre

3:00 – 4:15 pm

Webinar.DisabilityThriveInitiative.org

THANK YOU!



DISABILITY THRIVE INITIATIVE
Alternative Services and Supports for the IDD Community

We look forward to seeing you at future webinars.

Find this webinar and other resources at:

DisabilityThriveInitiative.org

Info@DisabilityThriveInitiative.org | (916) 238-8811